

Got an hour or more to spare a week?

> Are you a good listener?

Want to help change lives?

ke a affrerence... Become a mentor!

Surrey Care Trust is a local charity supporting adults, families and young people who would benefit from one to one support through some of life's challenges. As one of our volunteer mentors you could help bring out the best in someone.

Our FREE training will give you the skills you need

Training is available in your local area

NEXT ONE DAY COURSE

Tues 17TH August Time: 10.00 - 2.30pm

Place: Sr Nicholas Church, Cranleigh, GU6 8AS Places must be pre-booked and you need to attend all sessions.

TO BOOK OR FIND OUT MORE

Call Helen Placito on 07593 438137 or email orla.stleger@surreycaretrust.org.uk Nurturing skills | Changing lives

surreycaretrust.org.uk

www.mentoringsurrey.org.uk

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